



PennState Health



This is *your* year for wellness success

Penn State Health has partnered with WW (Weight Watchers® reimagined) to help you achieve your weight-loss goals. **All benefit eligible employees and spouses (0.5 – 1.0 FTE) regardless of your enrollment in the medical plan, can get an exclusive discount of 50% off the retail price and join now for as low as \$8.48 per month.****

Start *your wellness journey* today!

Sign up or learn more at WW.com/us/PennStateHealth



- ✓ WW’s most holistic wellness program
- ✓ Members get a customized, science-backed weight-loss plan
- ✓ Award-winning app packed with stay-on-track tools

Get 24/7 support

- ✓ Around-the-clock live Coaching, via the app and website
- ✓ On-demand audio and video workouts, meditations, and more
- ✓ Supportive Workshops—both in-person and virtual**

**Unlimited Workshops + Digital membership only.



****Penn State Health subsidizes the cost of membership for 6 months per year. After 6 months, WW members are charged \$16.96/month for Digital and \$38.22/month for Unlimited Workshops + Digital.**

Already a WW member? You can sync your current WW account to get this discount.

Questions on signing up or syncing your current account?

Call WW Customer Service at 866-204-2885.

**“As low as” price reflects the Digital membership plan for an employee. Monthly payment is required in advance. You will be automatically charged each month in accordance with company pricing until you cancel or your employment with your company terminates. Available in participating areas only.

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